



Kevin B. Wright, DDS
Pediatric Dentistry

Matthew L. Creech, DDS
General Dentistry

Sarah J. Hagee, DDS
General Dentistry

How to stagger Tylenol and Advil/Motrin for pain control

You can achieve more consistent pain relief with alternating dose of Tylenol (acetaminophen) and a dose of Advil or Motrin (ibuprofen).

Tylenol is an analgesic and Advil/Motrin is a NSAID – non steroidal anti inflammatory.

Take each medicine with a full glass of water.

1. take a dose of Tylenol as the package recommends for age and weight of the patient.
2. 3 hours after the first dose, take a dose of Advil or Motrin as directed on the package for age and weight.
3. at 6 hours from the first dosage of Tylenol, you can take a second dose of Tylenol.
4. at 9 hours from the first dose, you can take a second dose of Advil or Motrin.

Continue this pattern until pain is gone. Do not take longer than 3 days.

DO NOT CONTINUE IF YOU DEVELOPE AN ALLERGIC REACTION TO THIS MEDICINE.

DO NOT TAKE ASPIRIN, NAPROXEN SODIUM, OR COLD MEDICINE WITH A PAIN RELIEVER WHILE TAKING THIS TYLENOL / ADVIL (MOTRIN)

Stop taking pain relievers if you develop an upset stomach.